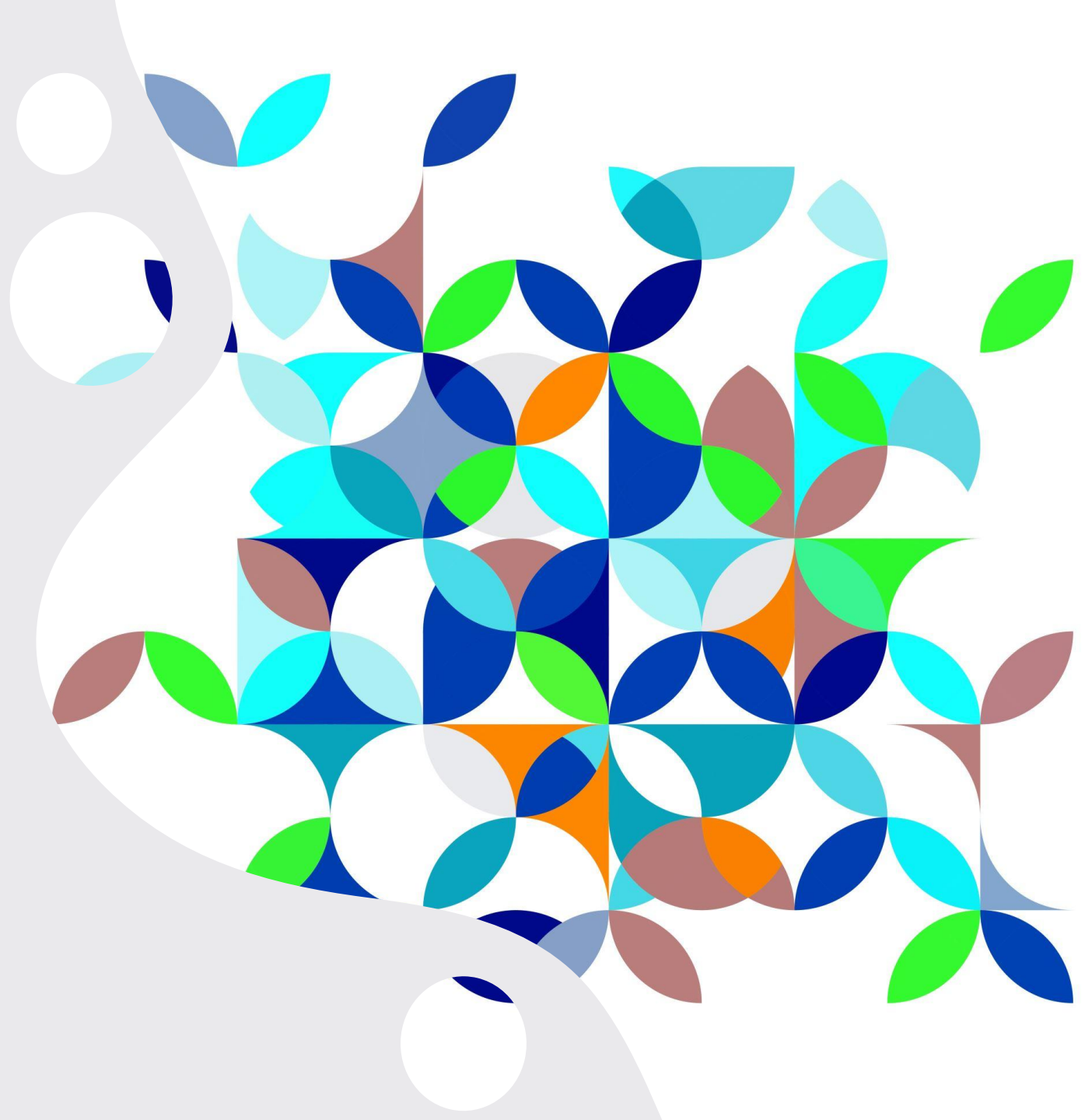


How not to worry

2nd June 2024



Texts

Matt 6:25

Do not worry about your life,
what you will eat or drink; or
about your body, what you will
wear

Phil 4:6

Do not be anxious about
anything, but in every situation,
by prayer and petition, with
thanksgiving, present your
requests to God.



3 Kinds of Knowledge

(Tony Campolo)

1. Mathematical
2. Scientific
3. Personal

Pursue (God) and Pray

Pursue: Don't worry about what you will eat or drink; or about your body, what you will wear.... But **seek first His kingdom and righteousness** and all these things will be added to you. (Matt 6:25,33)

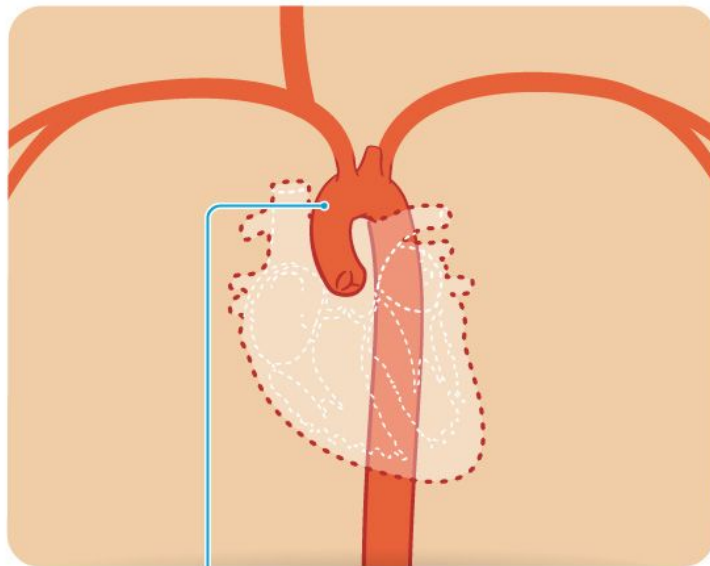
Pray: Do not be anxious about anything, but in every situation, **by prayer and petition**, with thanksgiving, present your requests to God. (Phil 4:6)

Peace

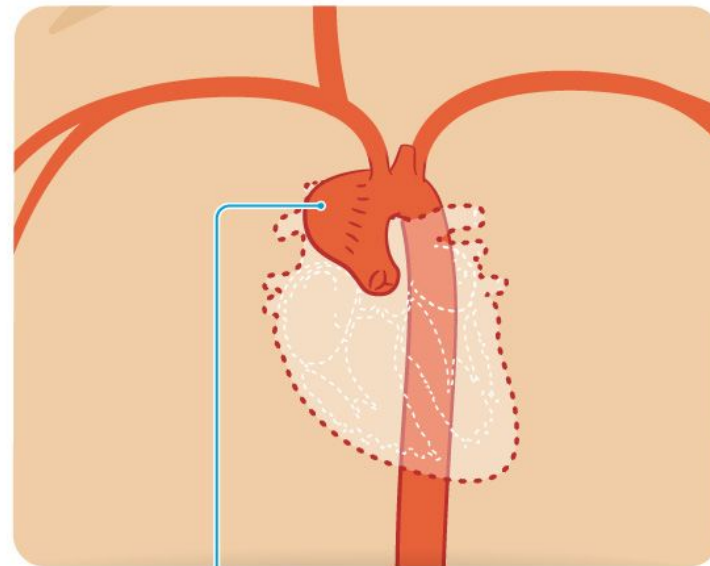
And **the peace of God**, which transcends all understanding, will guard your hearts and your minds in Christ Jesus

Phil 4:7

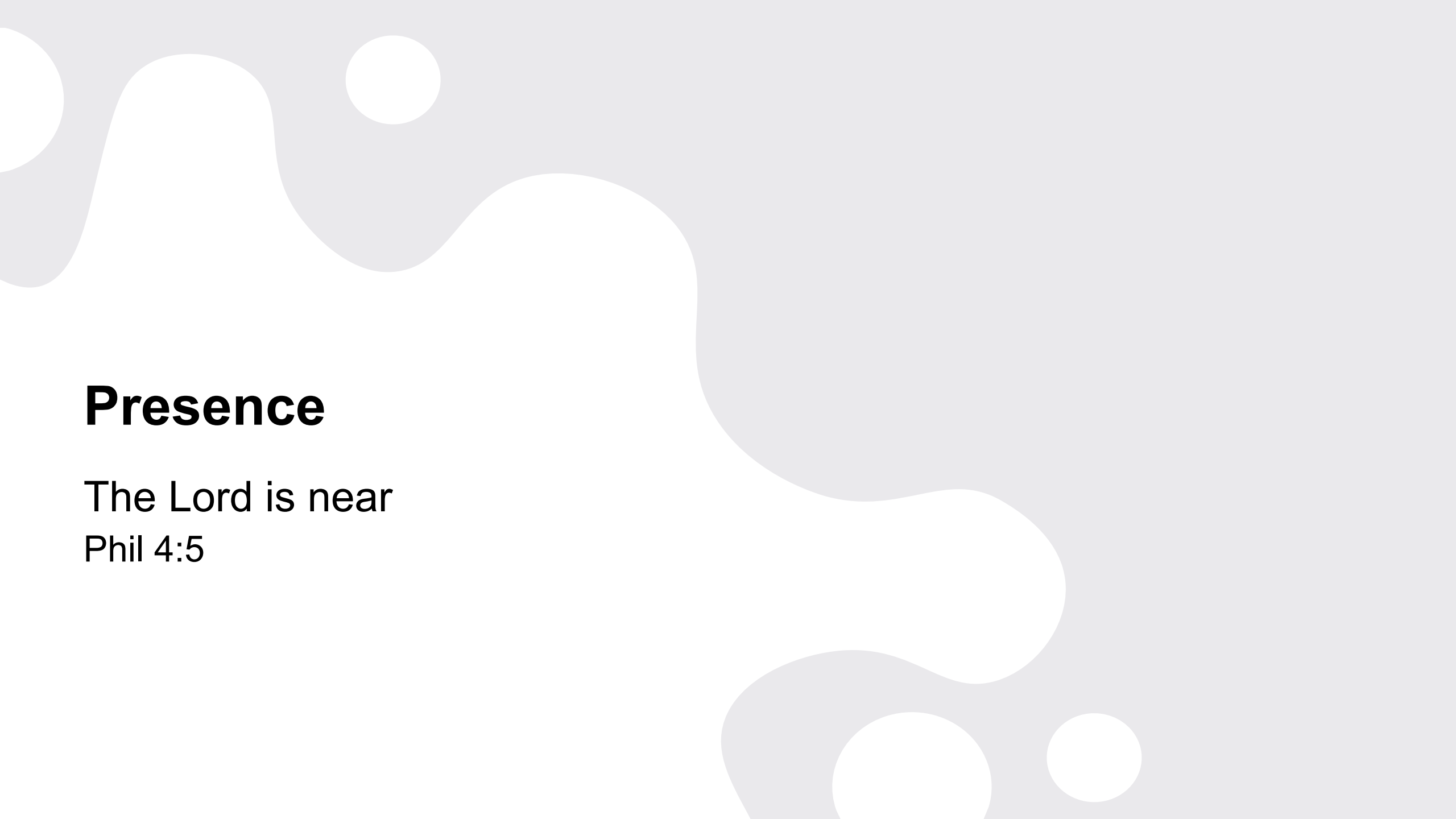
Aorta Aneurysm



ascending aorta



aneurysm of the
ascending aorta



Presence

The Lord is near
Phil 4:5

How not to worry – In Summary

1. Action: Pursue God and Pray
2. Outcome: Peace and Presence