



WHAT ARE YOU DOING HERE?

(1 KINGS 19:1-18)

A graphic featuring the word "Burnout" in a bold, black, serif font. The text is centered and overlaid on a circular burst of fire and smoke. The fire is bright orange and yellow, with a dark, irregular hole in the center of the word "Burn". Thick, grey smoke billows out from the fire, creating a cloud-like effect around the central text. Two vertical orange lines are positioned on either side of the central graphic, framing it.

Burnout

A low-angle, close-up shot of a person's legs from the knees down, standing on a white-painted crosswalk on a dark asphalt street. The person is wearing dark blue jeans and white sneakers with white laces and thick white soles. The background is blurred, showing a city street with buildings and other vehicles. The overall color palette is cool, with a strong blue/cyan tint.

1

STOP

Divine Care

2

LISTEN

Divine Whisper

3

SEE

Divine Perspective



And the word of the Lord came to him: 'What are you doing here, Elijah?'

10 He replied, 'I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too.'

11 The Lord said, 'Go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by.'

LISTEN



Then a great and powerful wind tore the mountains apart and shattered the rocks before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. 12 After the earthquake came a fire, but the Lord was not in the fire. And after the fire came a gentle whisper. 13 When Elijah heard it, he pulled his cloak over his face and went out and stood at the mouth of the cave.

LISTEN




Then a voice said to him, 'What are you doing here, Elijah?'

14 He replied, 'I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too.

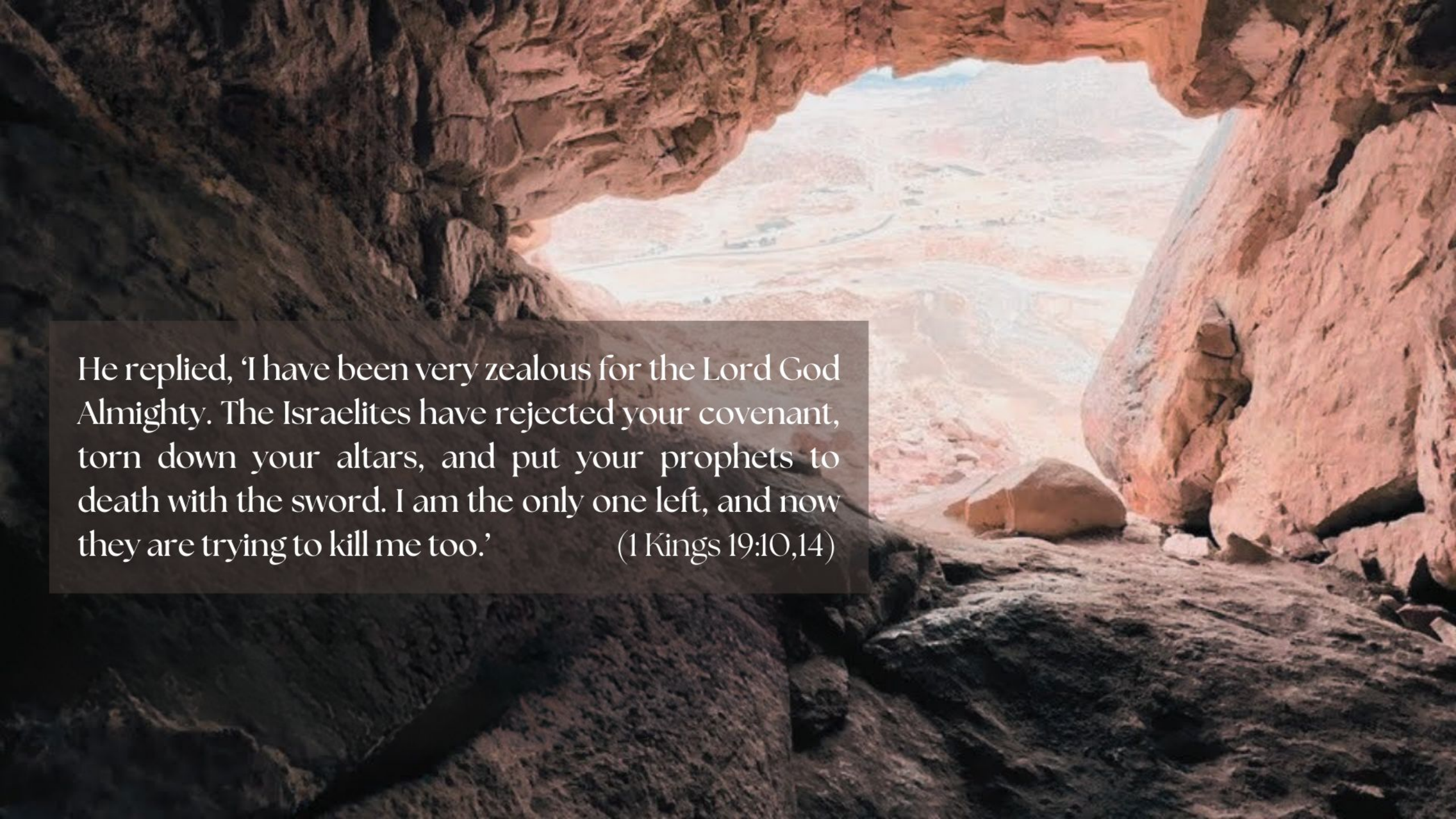
(1 Kings 19)

LISTEN



A photograph taken from the interior of a cave, looking out through a large, irregular opening. The cave walls are dark, rugged, and textured. The light from the opening creates a strong contrast with the dark interior. Outside, a vast, arid desert landscape is visible, featuring rolling hills, a winding road, and a small cluster of buildings in the distance. The sky is bright and hazy.

What are you doing
here, Elijah?

The background image shows the interior of a cave with rough, reddish-brown rock walls. A large, irregular opening in the cave wall provides a view of a bright, arid landscape outside. The landscape features a winding road, some small structures, and distant hills under a clear sky. The lighting is natural, coming from the opening, creating a strong contrast between the dark interior and the bright exterior.

He replied, 'I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too.' (1 Kings 19:10,14)

A black and white photograph showing two hands pressed against a glass surface. The hands are silhouetted against a bright, hazy background, creating a sense of being trapped. The fingers are spread wide, and the palms are flat against the glass. The overall mood is one of helplessness and confinement.

TRAPPED!

A photograph of a dark, mountainous landscape at night. The sky is filled with a vibrant green aurora borealis, with bright, flowing ribbons of light descending from the top center towards the horizon. The mountains are silhouetted against the glowing sky. The overall mood is mysterious and divine.

Divine Whisper

**13 When Elijah heard it, he pulled his cloak over his face
and went out and stood at the mouth of the cave.**

(1 Kings 19)

DIVINE PERSPECTIVE



SEE

15 The Lord said to him, ‘Go back the way you came, and go to the Desert of Damascus. When you get there, anoint Hazael king over Aram. 16 Also, anoint Jehu son of Nimshi king over Israel, and anoint Elisha son of Shaphat from Abel Meholah to succeed you as prophet. 17 Jehu will put to death any who escape the sword of Hazael, and Elisha will put to death any who escape the sword of Jehu. 18 Yet I reserve seven thousand in Israel – all whose knees have not bowed down to Baal and whose mouths have not kissed him.’

(1 Kings 19)



negativity

despair

4 while he himself went a day's journey into the wilderness. He came to a broom bush, sat down under it and prayed that he might die. 'I have had enough, Lord,' he said. 'Take my life; I am no better than my ancestors.'
10 He replied, 'I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too.'

(1 Kings 19)

A person stands in silhouette on a dark hill against a sunset sky. A bright sun is on the left, creating a lens flare. A large, glowing arc of light curves across the sky from the left towards the right, ending in a circular shape with a triangular point. The text is overlaid on this scene.

“I still have work for you to do.”

15 The Lord said to him, ‘Go back the way you came, and go to the Desert of Damascus. When you get there, anoint Hazael king over Aram. 16 Also, anoint Jehu son of Nimshi king over Israel, and anoint Elisha son of Shaphat from Abel Meholah to succeed you as prophet.

(1 Kings 19)

A person stands in silhouette on a dark hill against a sunset sky. The sky transitions from orange near the horizon to a deep blue at the top. Two large, abstract white line-art shapes, resembling stylized wings or a large 'C' and a 'P', are superimposed on the sky. The quote is positioned to the left of the larger 'C' shape.

“Not everyone has lost faith.”

18 Yet I reserve seven thousand in Israel; all whose knees have not bowed down to Baal and whose mouths have not kissed him.’ (1 Kings 19)



THROUGH GOD'S EYES

The background of the image is a scenic view of a mountain valley, seen through the opening of a cave. The sun is low on the horizon, casting a warm, golden light over the landscape. The valley is filled with rolling hills and mountains, some covered in snow. In the foreground, a large, light-colored rock skull is visible, partially illuminated by the sunlight. The text is overlaid on a semi-transparent white rectangular box in the center of the image.

What are you doing here?

Is God asking You?

In The Stillness, God Speaks

Beneath the weight of fear and strife,
Elijah fled for dearer life.
Through wilderness, through aching soul,
His weary heart had lost its goal.

"I've laboured long, yet stand alone,
My strength is spent, my fire is gone.
O Lord, enough - now take my breath,
For all that's left in me is death."



In The Stillness, God Speaks

But mercy came on angel's wing,
With bread of life and water's spring.
"Arise and eat," the whisper sighed,
For strength is found where God provides."

He wandered far to Horeb's peak,
Where once God's voice was fierce to speak.
He sought the fire, the thund'ring sky,
Yet found no Presence passing by.



In The Stillness, God Speaks

Then in the hush, so pure, so small,
A still, soft voice began to call.
Not in the storm, nor in the flame,
But in the quiet came His name.

"What do you seek?" Love's whisper pressed.
Elijah poured his soul's unrest.
"I stand alone, the faithful cease,
My zeal is spent, O grant me peace."



In The Stillness, God Speaks

But heaven spoke: "Not so, My son,
Your work is not yet fully done.
There still are souls I set apart.
A remnant held within My heart."

So rise, O soul, and hear the call,
Not in the great, but in the small.
For God is near, His voice is peace,
And in His rest, your strivings cease.

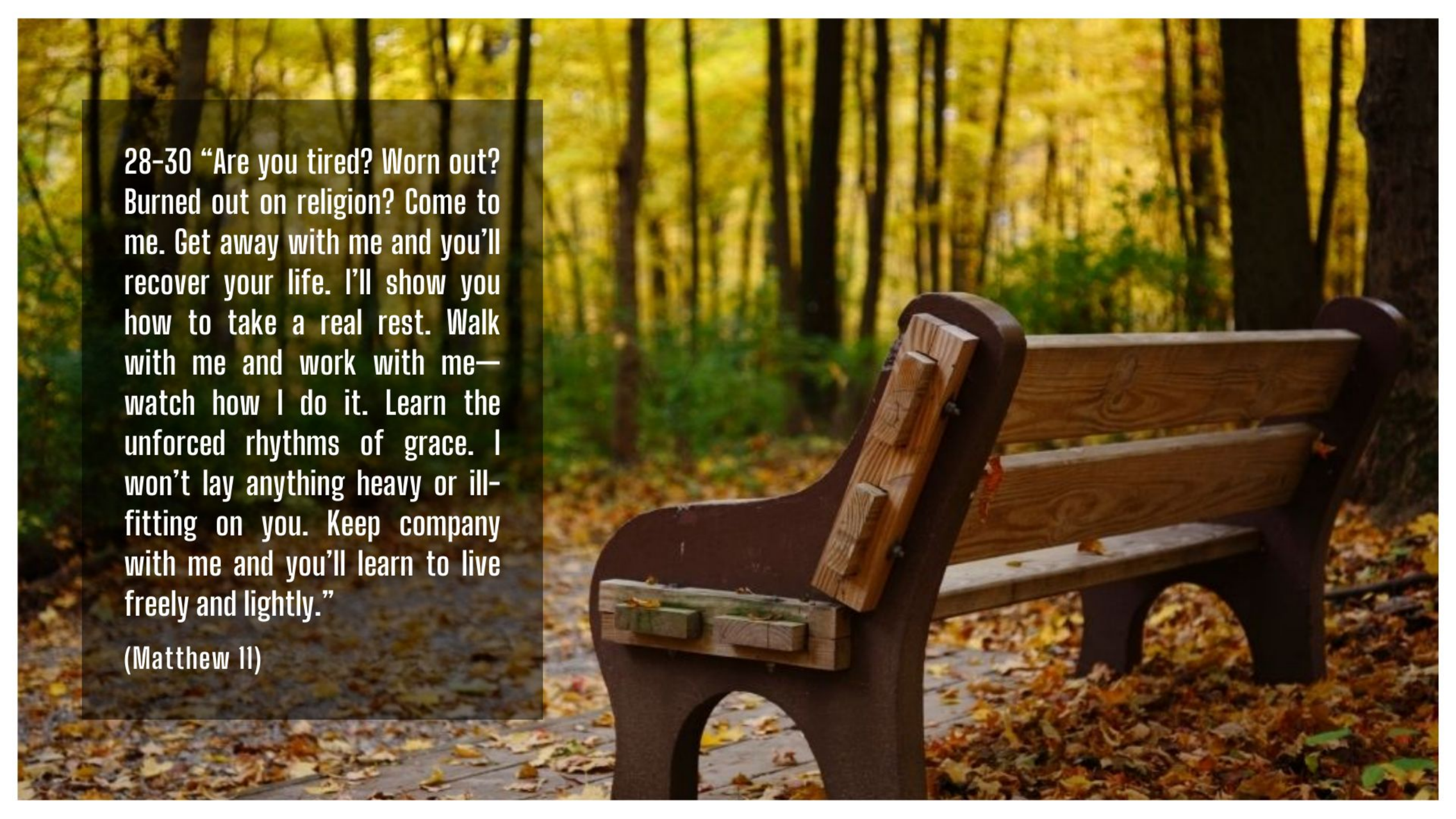


In The Stillness, God Speaks

Be still, be held, and rise anew,
His grace will lead, His word is true.
And eyes once dimmed by grief and pain
Shall see His light, His hope again.

A vision new, a path made bright,
To walk again in faith, not sight.
For when you pause in stillness deep,
The whisper calls, the Shepherd speaks.



A wooden park bench with a curved metal frame is positioned in a forest. The ground is covered with fallen yellow and orange leaves. The background shows tall trees with vibrant autumn foliage in shades of yellow and orange. The lighting is soft, suggesting a quiet, peaceful setting.

28-30 “Are you tired? Worn out?
Burned out on religion? Come to
me. Get away with me and you’ll
recover your life. I’ll show you
how to take a real rest. Walk
with me and work with me—
watch how I do it. Learn the
unforced rhythms of grace. I
won’t lay anything heavy or ill-
fitting on you. Keep company
with me and you’ll learn to live
freely and lightly.”

(Matthew 11)