



**QUESTIONS**

**GOD**

**ASKS US**





WHAT ARE YOU DOING HERE?  
(1 KINGS 19:1-18)



FLYING ON EMPTY



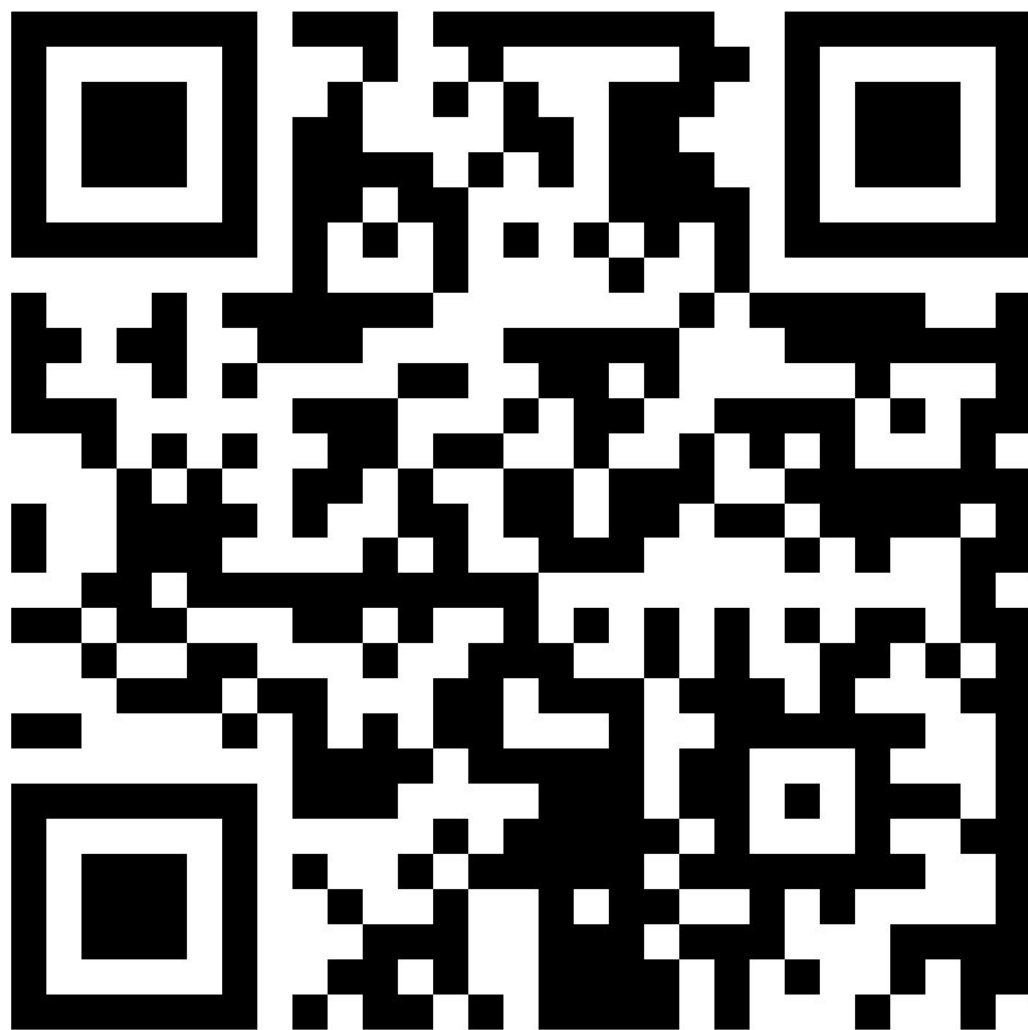




**RUNNING  
ON XXXXXXXXXX  
EMPTY**

A graphic featuring the word "Burnout" in a bold, black, serif font. The text is centered and overlaid on a circular burst of fire and smoke. The fire is bright orange and yellow, with a dark, irregular hole in the center of the word "Burnout". Smoke is rising from the fire, creating a hazy, grey background around the flames. Two vertical orange lines are positioned on either side of the central graphic, framing it.

**Burnout**







**What are you doing here, Elijah?**



# ELIJAH

On Fire For God





---

**30 Ahab son of Omri did more evil in the eyes of the Lord than any of those before him. 31 He not only considered it trivial to commit the sins of Jeroboam son of Nebat, but he also married Jezebel daughter of Ethbaal king of the Sidonians, and began to serve Baal and worship him. 32 He set up an altar for Baal in the temple of Baal that he built in Samaria. 33 Ahab also made an Asherah pole and did more to arouse the anger of the Lord, the God of Israel, than did all the kings of Israel before him.**

**(1 Kings 16)**

---



The background of the image is a close-up photograph of parched, cracked earth. The soil is a light brown or tan color, and the cracks are deep and irregular, forming a mosaic-like pattern across the entire frame. The lighting is natural, highlighting the texture and depth of the fissures.

**'As the Lord, the God of Israel, lives, whom I serve,  
there will be neither dew nor rain in the next few years  
except at my word.'**

**(1 Kings 17:1)**





# GOD'S PROVISION

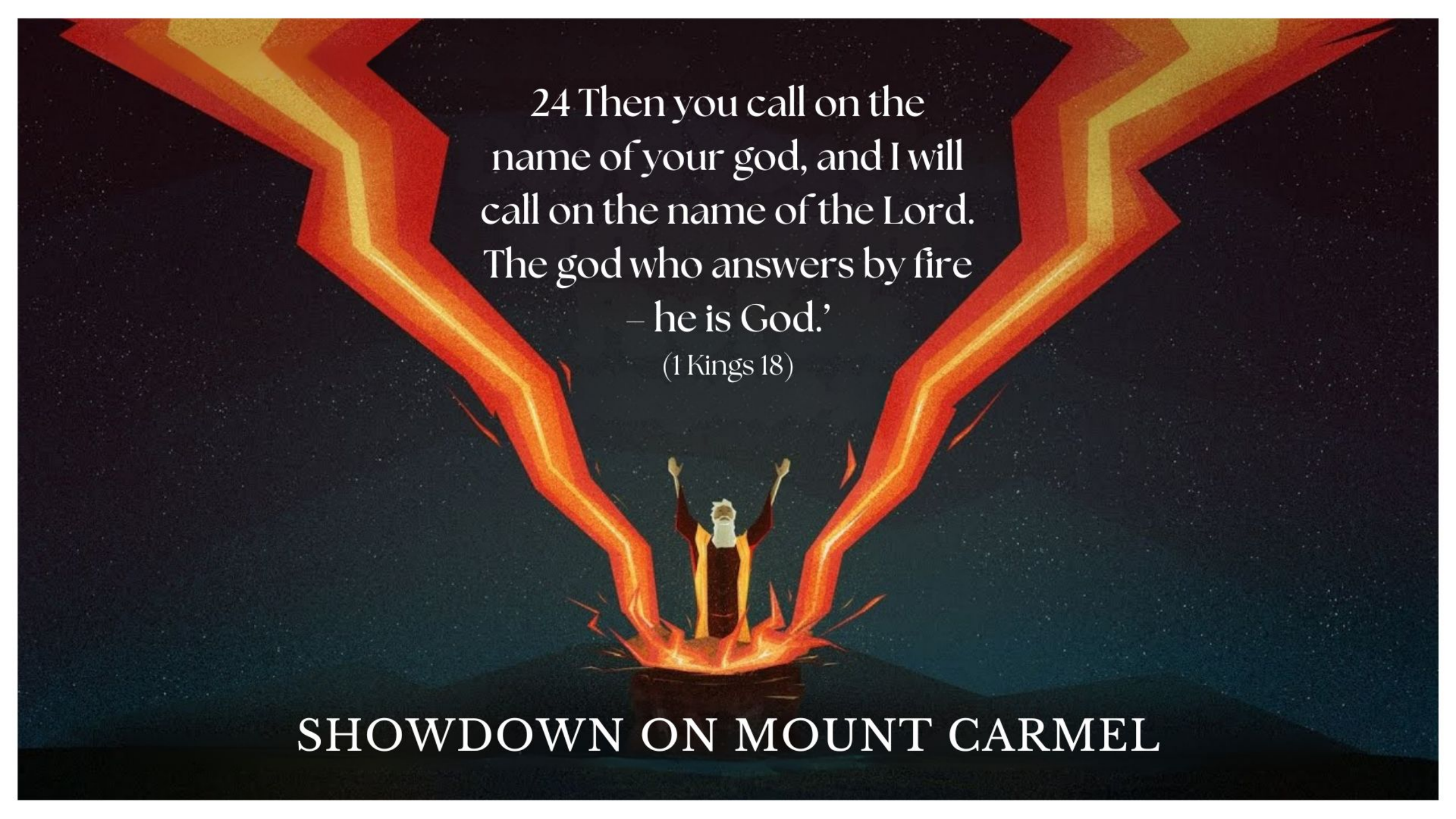
THE BROOK, THE RAVEN, THE WIDOW



1 AFTER A LONG TIME, IN THE THIRD YEAR, THE WORD OF THE LORD CAME TO ELIJAH: 'GO AND PRESENT YOURSELF TO AHAB, AND I WILL SEND RAIN ON THE LAND.' 2 SO ELIJAH WENT TO PRESENT HIMSELF TO AHAB.

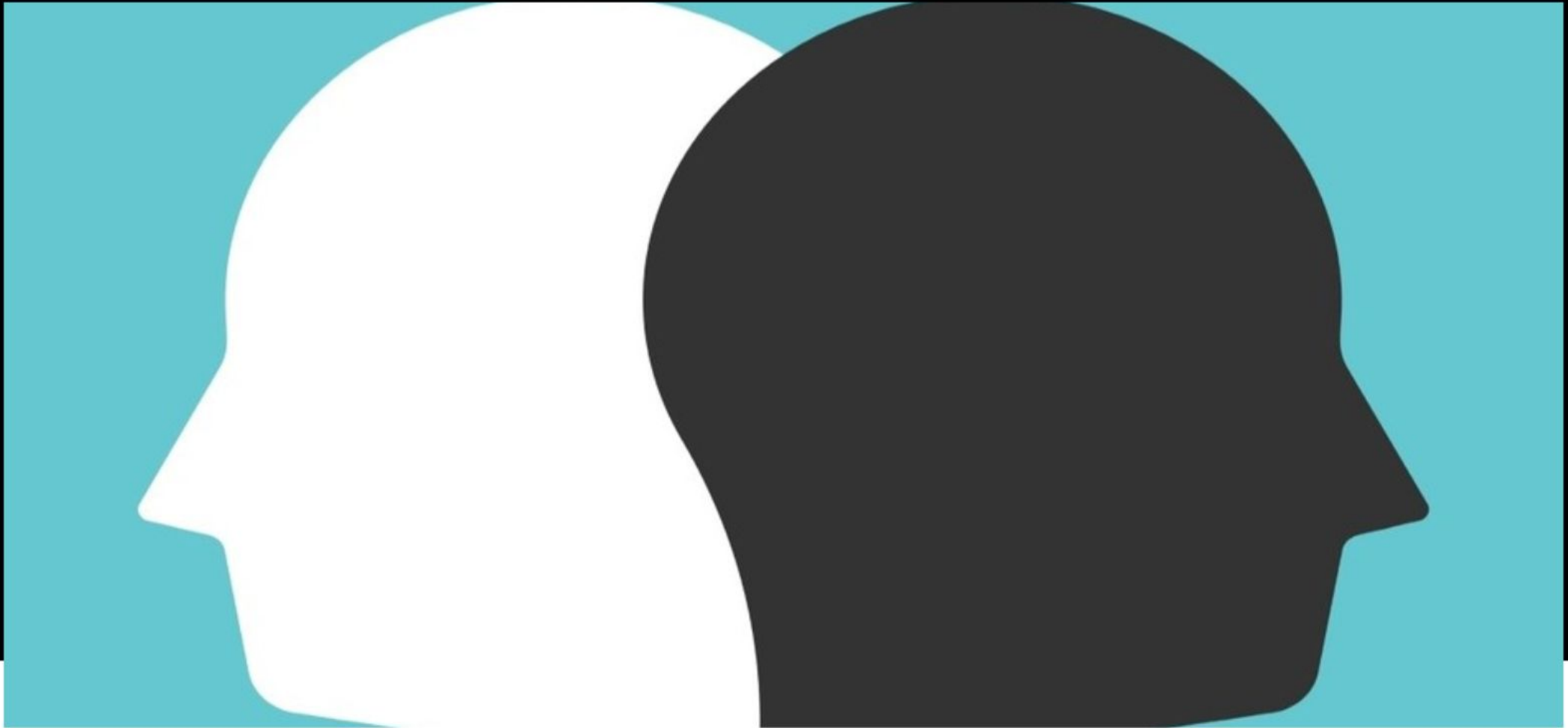
(1 KINGS 18)



An illustration of a man with a white beard, wearing a dark robe with a yellow sash, standing on a dark, rocky surface. He has his arms raised in a gesture of praise or prayer. Above him, two large, stylized, jagged shapes resembling flames or wings extend upwards, colored in shades of orange, red, and yellow. The background is a dark, starry night sky. The overall style is that of a children's book illustration or a religious poster.

24 Then you call on the  
name of your god, and I will  
call on the name of the Lord.  
The god who answers by fire  
– he is God.’  
(1 Kings 18)

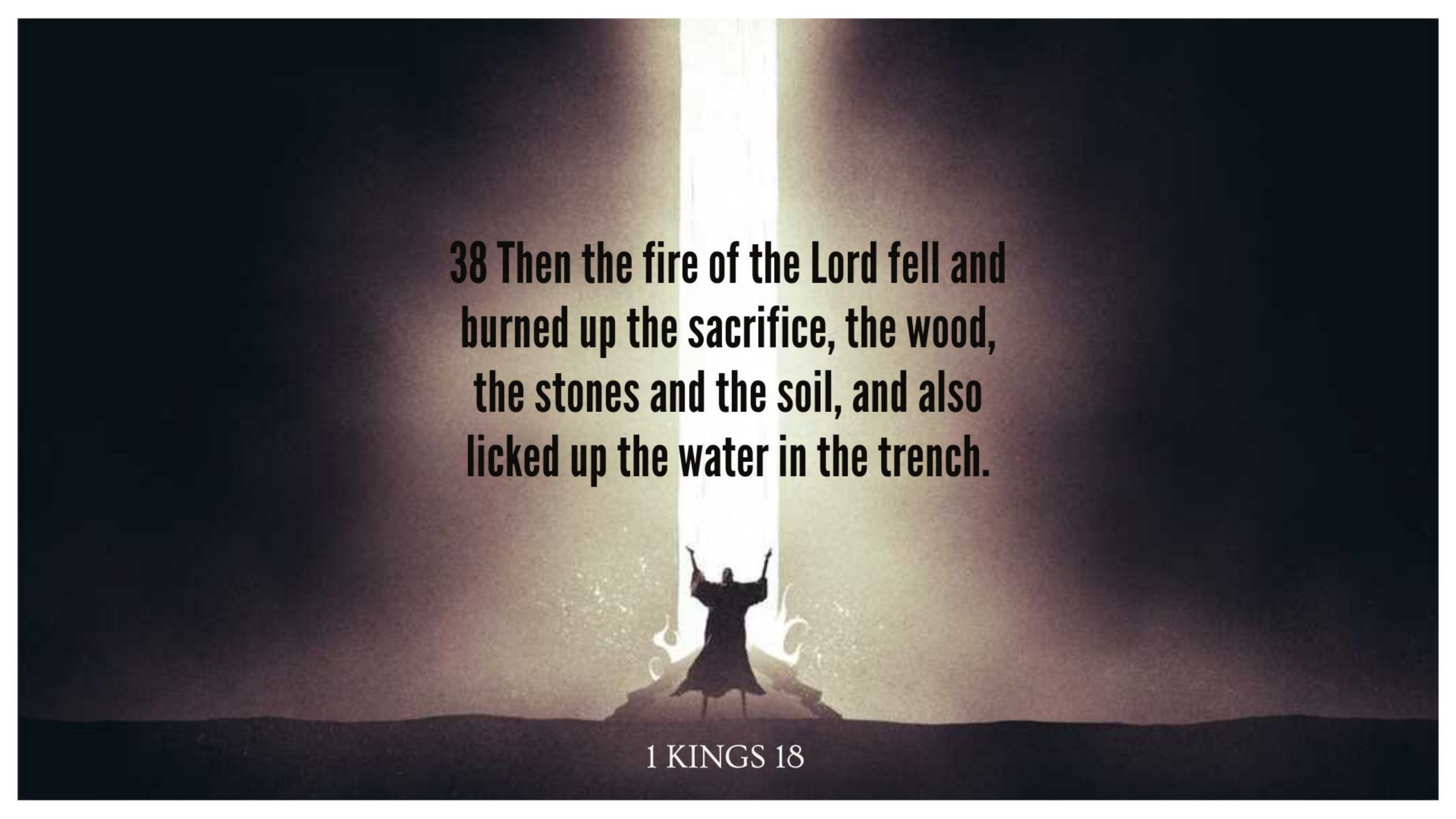
SHOWDOWN ON MOUNT CARMEL



**21 ELIJAH WENT BEFORE THE PEOPLE AND SAID, 'HOW LONG WILL YOU WAVER BETWEEN TWO OPINIONS?  
IF THE LORD IS GOD, FOLLOW HIM; BUT IF BAAL IS GOD, FOLLOW HIM.'**

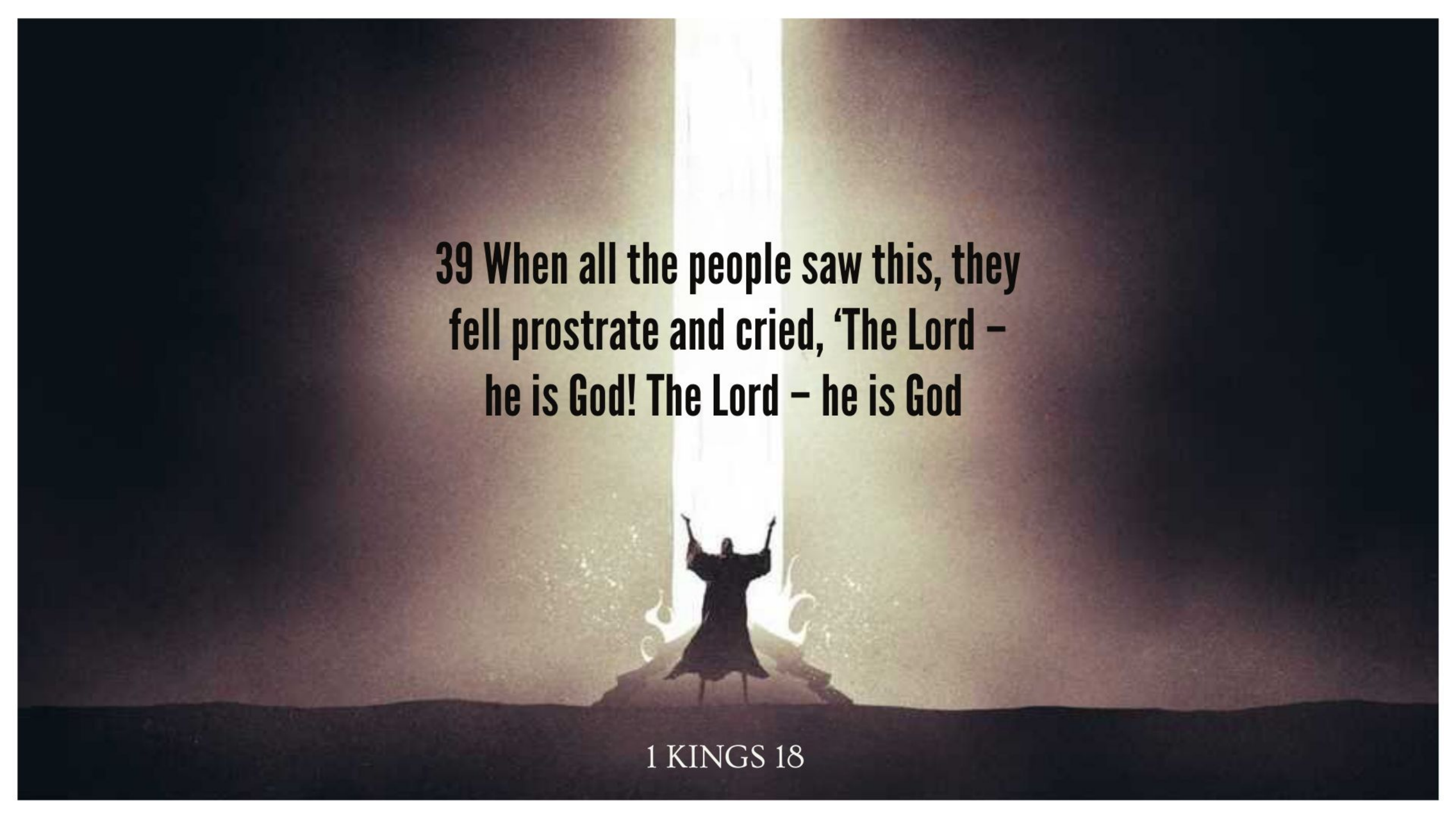
**(1 KINGS 18)**





**38 Then the fire of the Lord fell and  
burned up the sacrifice, the wood,  
the stones and the soil, and also  
licked up the water in the trench.**

1 KINGS 18



**39 When all the people saw this, they  
fell prostrate and cried, 'The Lord –  
he is God! The Lord – he is God**

1 KINGS 18





**1 Now Ahab told Jezebel everything Elijah had done and how he had killed all the prophets with the sword. 2 So Jezebel sent a messenger to Elijah to say, 'May the gods deal with me, be it ever so severely, if by this time tomorrow I do not make your life like that of one of them.**

***(1 Kings 19)***





3 Elijah was afraid and ran for his life. When he came to Beersheba in Judah, he left his servant there, 4 while he himself went a day's journey into the wilderness. He came to a broom bush, sat down under it and prayed that he might die. **'I have had enough, Lord,' he said. 'Take my life; I am no better than my ancestors.'** 5 Then he lay down under the bush and fell asleep. *(1 Kings 19)*





MASALAH ialah  
“MASA ALLAH”

A low-angle, close-up shot of a person's legs from the knees down, standing on a white-painted crosswalk on a dark asphalt street. The person is wearing dark blue jeans and white sneakers with white laces. The background is blurred, showing a city street with buildings and other vehicles. The overall color palette is cool, with a strong blue/cyan tint.

1

**STOP**

Divine Care

2

**LISTEN**

Divine Whisper

3

**SEE**

Divine Perspective















## Divine Care

“ARISE  
and  
EAT.”



5 Then he lay down under the bush and fell asleep.

All at once an angel touched him and said, ‘Get up and eat.’ 6 He looked around, and there by his head was some bread baked over hot coals, and a jar of water. He ate and drank and then lay down again.

7 The angel of the Lord came back a second time and touched him and said, ‘Get up and eat, for the journey is too much for you.’ 8 So he got up and ate and drank. Strengthened by that food, he travelled for forty days and forty nights until he reached Horeb, the mountain of God. 9 There he went into a cave and spent the night. *(1 Kings 19)*



A first-person perspective of a mountain bike handlebar. The handlebars are black and feature a digital display unit mounted on the left side. A rider's hands, wearing blue and black gloves, are visible gripping the handlebars. The background is a blurred, natural outdoor setting, suggesting motion. The text "STOPPING IS GOOD!" is overlaid in a semi-transparent box in the upper right corner.

**STOPPING IS GOOD!**



# Rest, Eat & Rise Again

---

*Beneath the tree, alone he lay,  
A weary heart, a soul in fray.  
Despair had drowned his voice in sighs,  
"Enough, O Lord," he closed his eyes.*

*Yet mercy came on angel's feet,  
With whispered love, with bread to eat.  
A jar of water, warm and bright,  
To lift him from his fading night.*





# Rest, Eat & Rise Again

---

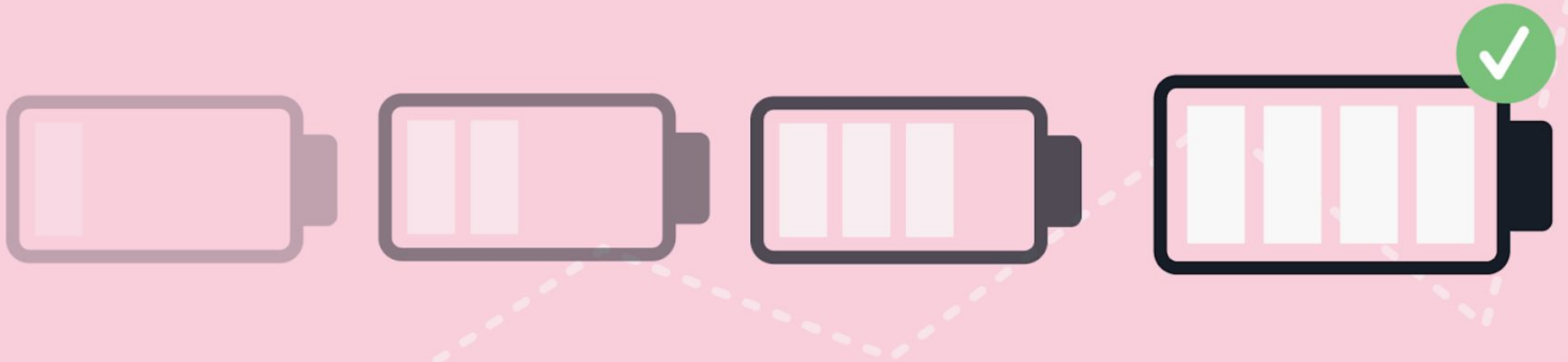
*"Rise and eat," the angel said,  
"For still the road lies far ahead."  
No rebuke, no chiding tone,  
Just strength to walk, though not alone.*

*So eat, dear soul, and drink anew,  
Let slumber's arms enfold you too.  
For God still speaks, His love is deep—  
But first, we stop to eat and sleep.*





# How to Recover from Burnout



**STOP • LISTEN • SEE**