

Be Kind and Compassionate

*Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. **Be kind and compassionate to one another**, forgiving each other, just as in Christ God forgave you. Eph 4:31-32*



Kindness is a Fruit of the Spirit

*But the fruit of the Spirit is **LOVE**, joy, peace, longsuffering, **kindness**, **goodness**, faithfulness, gentleness, self-control.*

Gal 5:22-23

Compassion flows from kindness and goodness

Kindness and compassion flow from **LOVE**

**Living out the fruit of the Spirit
Will manifest kindness and compassion**

Relationships

Very bad and terrible relationships in the world

SIN ☐ broken relationships

Good relationships can be found in the church

IN CHRIST ☐ healing and reconciliation

Be kind and compassionate to one another

Addressed to the church

Meaning that the church needs to take note

Not Kind and Compassionate

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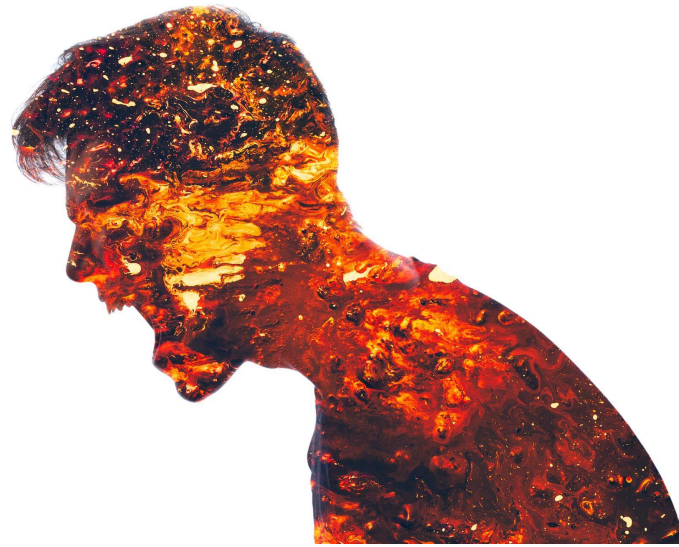
*See to it that no one falls short of the grace of God and that **no bitter root grows** up to **cause trouble** and **defile** many. Heb 12:15*

Bitterness, Rage and Anger

Bitterness (pikrea) – resentment, spite, envious, acridity

Rage (thumos) – fierceness, wrath

Anger (orge) – indignation



Bitterness, Rage and Anger

Having **bad feelings** towards others

Don't like about the other person (why?)

Pointing finger

Criticizing and judging

Not accepting

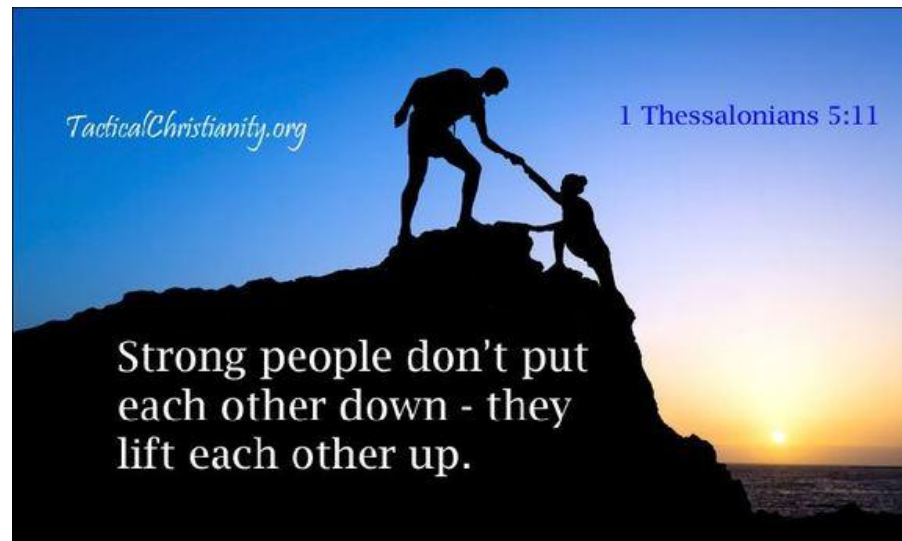
You are wrong, I am right



Your Are Wrong, I Am Right

*“All things are lawful,” but not all things are **helpful**. “All things are lawful,” but not all things **build up**. Let no one seek his own good, but the **good of his neighbor**.*

1 Cor 10:23-24 (ESV)



Brawling, Slander, Malice

Brawling (krauge) – clamor, outcry, shout

Slander (blasphemia) – blasphemy, evil speaking

Malice (kakia) – hate, malignity, wickedness

A higher level of bad relationships

Wanting to harm

Becoming aggressive, violent, and evil

Brawling, Slander, Malice

Wanting to bring down, kill and destroy

Attacks, wars, terrorism, destruction

Killing with words

Speaking evil behind their backs

Bringing down reputation/life



Get Rid of All these Bad Feelings/Behaviors

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. *Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. Eph 4:31-32*

Get rid of (airo) – remove, take away [Imperative mood]

For they defile and contaminate

No place among us

Get rid of them today

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Instead, be kind and compassionate [Imperative mood]

Kind (chrestos Gal 5:22) – gentleness, goodness, gracious

Compassionate (eusplagchnos) – tender-hearted, sympathetic

Though the person is wrong or weak (fail)

Be Kind and Compassionate

Accepting (the weak and the wrong)

Reaching out – not distancing nor isolating

Eye contact, smiling, speaking, listening

Forgiving just as Christ forgives us (before the wrong asks)

Unoffending (to both ways)

No ill feelings

Non condemning

Be Kind and Compassionate

Denying and dying to self

Gentle and nice

Doing good

Showing love

Having patience



Some Examples

In the **family** – “Why you ...” (tone of voice, body language)

Among our **friends** – in the heart though nonverbalized (still unkind)

In the **church**

- Leaders talk a lot and do a lot

- Will make mistakes and be not good enough

- Targets for criticism and attacks

Be Kind and Compassionate

Have we been kind and compassionate?

Do we appreciate those who have done some good?

Some are scared to be leaders – not good enough

If you are a leader, you must be willing to be criticized

We can criticize - with kindness, compassion, and love

Be Kind and Compassionate

Desire and will to be kind and compassionate

Think good thoughts towards imperfect people

Do not wish for bad and harm to happen to others



Concluding Thoughts

- Get rid of all bad feelings/intentions towards others
- Be kind, compassionate and forgiving
- Be filled with the Holy Spirit, producing fruits
- Bringing good and godly relationships to body life
- Attracting others to Christ

Concluding Thoughts

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Concluding Thoughts

... walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace. Eph 4:1-3